### **Rhoads Oration**



Samuel D. Gross, M.D.
Chair of Surgery,
Jefferson Medical College
Founder, Philadelphia
Academy of Surgery and
American Surgical Association



Jonathan E. Rhoads, M.D. Chair of Surgery, University of Pennsylvania President, Philadelphia Academy of Surgery and American Surgical Association

# Leading Ourselves Out of the Chaos of the Current Healthcare Crisis

John R. Clarke, M.D.

Professor of Surgery, Drexel University
Clinical Director for Patient Safety, ECRI
Clinical Director PA Patient Safety Reporting System



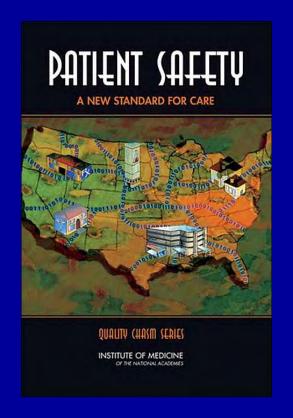




### From the Perspective of:

- ACS Board of Governors
- ACS Patient Safety and Quality Improvement Committee
- Institute of Medicine
   Committee on Patient Safety Data Standards
- National Academy for State Health Policy Advisory Group
- National Quality Forum Executive Institute Task Force
- Pennsylvania Governor's Office of Health Care Reform Advisory Panel on the Quality of Health Care

# Institute of Medicine Committee on Patient Safety Data Standards





Federal Patient Safety & Quality Improvement Act of 2005

### Governor's Office of Health Care Reform Advisory Panel on the Quality of Healthcare



Prescription for Pennsylvania

### Concerns of the ACS Fellows

"The B/G meetings were quite interesting, but focused on reimbursement and liability issues ..." Linwood Haith

### America's Lagging Health Care System #11/07

Americans are increasingly frustrated about the about par performance of this country's fragmented health it is system, and with good reason. A new survey of paents in seven industrialized nations underscores just by badly sick Americans fare compared with patients in her nations. One-third of the American respondents felt is system is so dysfunctional that it needs to be rebuilt impletely — the highest rate in any country surveyed, it is system was given poor scores both by low-income, insured patients and by many higher-income patients.

The survey, the latest in a series from the Commonealth Fund, is being published today on the Web site of ealth Affairs, a respected health policy journal. Reearchers interviewed some 12,000 adults in Australia, anada, Germany, the Netherlands, New Zealand, the inited Kingdom and the United States.

Given the large number of people uninsured or poorly insured in this country, it was no surprise that Americans were the most likely to go without care because of costs. Fully 37 percent of the American respond-

ents said that they chose not to visit a doctor when sick, skipped a recommended test or treatment or failed to fill a prescription in the past year because of the cost — well above the rates in other countries.

Patients here were more likely to get appointments quickly for elective surgery than those in nearly all the other countries. But access to primary care doctors, the mainstay of medical practice, was often rocky. Only half of the American adults were able to see a doctor the same day that they became sick or the day after, a worse showing than in all the other countries except Canada. Getting care on nights and weekends was problematic.

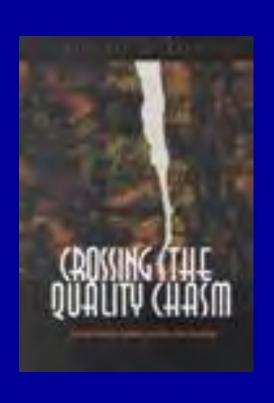
Often the care here was substandard. Americans reported the highest rate of lab test errors and the second-highest rate of medical or medication errors.

The findings underscore the need to ensure that all Americans have quick access to a primary care doctor and the need for universal health coverage — so that all patients can afford the care they need. That's what all of the presidential candidates should be talking about.

### Overall Views of the Health Care System in Seven Countries, 2007

| Percent reported:                | AUS | CAN | GER | NETH | NZ | UK | US |
|----------------------------------|-----|-----|-----|------|----|----|----|
| Only Minor<br>Changes<br>Needed  | 24  | 26  | 20  | 42   | 26 | 26 | 16 |
| Fundamental<br>Changes<br>Needed | 55  | 60  | 51  | 49   | 56 | 57 | 48 |
| Rebuild<br>Completely            | 18  | 12  | 27  | 9    | 17 | 15 | 34 |

### **Quality Chasm**



S afety
T imeliness
E fficacy
E fficiency
E quity
P atient-centered

#### **Prescription for Pennsylvania**

Prescription for Pennsylvania is a set of integrated practical strategies for improving the health care of all Pennsylvanians, making the health care system more efficient and containing its cost.



Right State | Right Plan | Right Now

From the Governor's Office of Health Care Reform

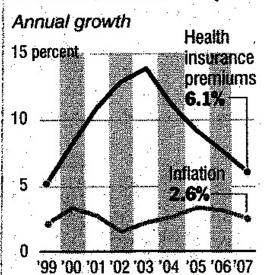
# Health insurance average: \$12,106

By Jane M. Von Bergen INQUIRER STAFF WRITER

Health insurance premiums for the average family topped \$12,000 in 2006 — more than the cost of an economy car — according to an an-

#### **Paying a Premium**

Health insurance premiums rose 6.1 percent this year, a slower growth rate than in 2006 but still more than twice as fast as inflation.



SOURCE: Kaiser Family Foundation

Associated Press

showed:

Annual manniuma arranaca

# Health insurance average: \$12,106

By Jane M. Von Bergen INQUIRER STAFF WRITER

Health insurance premiums for the average family topped \$12,000 in 2006 — more than the cost of an economy car — according to an an2007 Chevrolet Aveo



2007 Hyundai Accent



2007 Kia Rio



2007 Toyota Yaris



MSRP: \$9995 - \$13510

City Mileage: 27 mpg Hwy Mileage: 37 mpg

Research, Photos, Reviews, etc.

Build with Options

Get Chevrolet Aveo Price Quote

MSRP: \$10415 - \$15015

City Mileage: 32 mpg Hwy Mileage: 35 mpg

Research, Photos, Reviews, etc.

Build with Options

March Line Gunt Price Quote

MSRP: \$10770 - \$14595

City Mileage: 32 mpg Hwy Mileage: 35 mpg

Research, Photos, Reviews, etc.

Build with Options

Get Kia Rio Price Quote

MSRP: \$11150 - \$14250

City Mileage: 34 mpg Hwy Mileage: 40 mpg

Research, Photos, Reviews, etc.

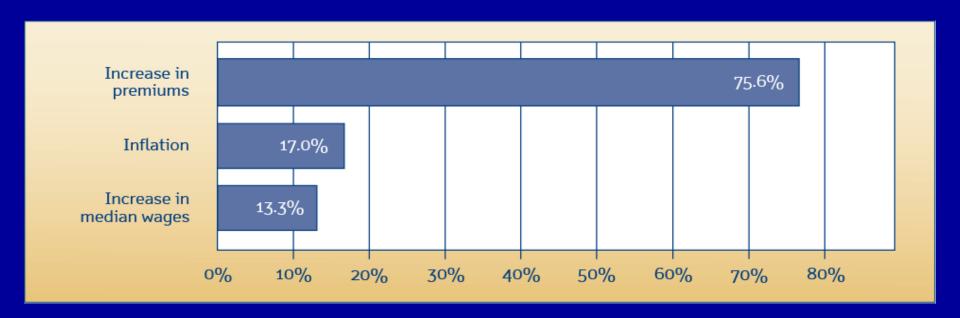
Build with Options

Get Tovota Yaris Price Quote



### From the Governor's Office of Health Care Reform

Pennsylvania's Employees and Pennsylvania's Businesses Cannot Keep Up with Health Care Inflation



% Increase in Family Health Insurance Premiums vs. Inflation and Increase in Median Wages in PA Between 2000 and 2006

July 8/29/07

### Census' take on health, wealth

Health-care coverage: The number of people without health insurance continues to rise.

> By Stacey Burling INQUIRER STAFF WRITER

In a move sure to enliven the debate on health care, the U.S. Census Bureau released new data vesterday showing that the number of continuing to rise.

Forty-seven million people - 15.8 percent of the population - are now uninsured, up from 44.8 million, or 15.3 percent, in 2005.

For one of the richest countries in the world "to have 15.8 percent of our residents without health-

care coverage is horrible," said Ann Torregrossa, director of policy for Gov. Rendell's office of healthcare reform. "Something has to be done."

Health-care advocates were espepeople without health insurance is cially concerned about an increase in the number of uninsured children. One in nine children - 11.7 percent - lacks insurance. In 2005, 8.0 million, or 10.9 percent, had no health-care coverage.

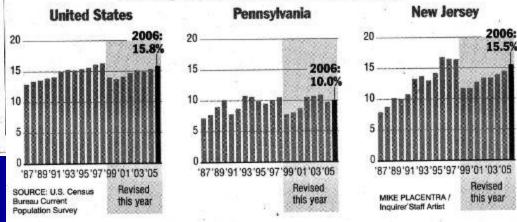
Congress and President Bush are wrangling over funding for the

See UNINSURED on A4

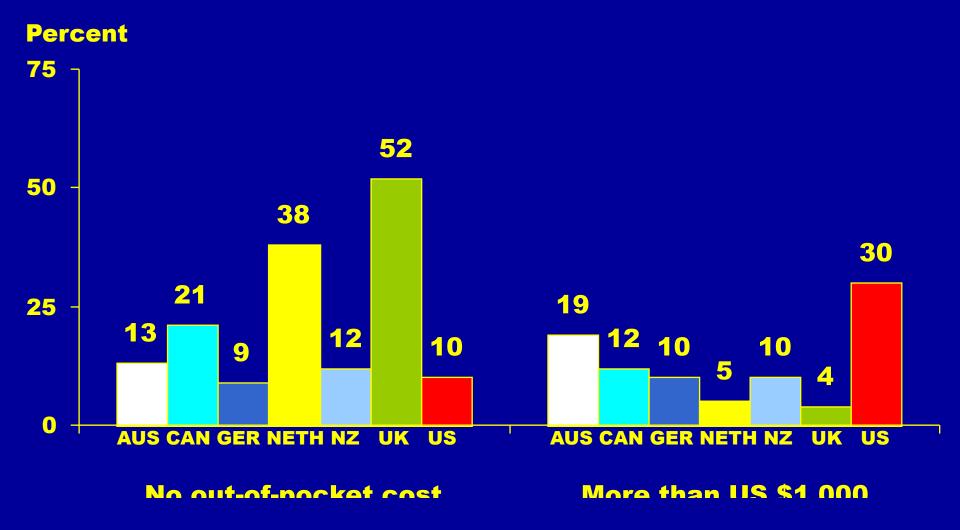
#### **Health Insurance Coverage**

The Census Bureau began collecting data on health insurance in 1987. Since that time, the number of people without health coverage has slowly risen.

Percentage of people not covered by health insurance



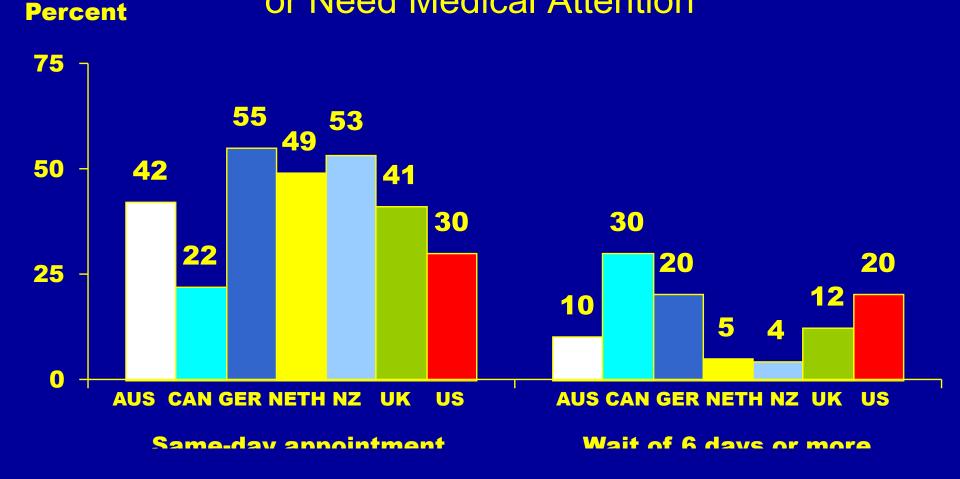
### Out-of-Pocket Medical Costs in the Past Year



#### **Cost-Related Access Problems**

| Percent in past year due to cost:                 | AUS | CAN | GER | NETH | NZ | UK | US |
|---|-----|-----|-----|------|----|----|----|
| Did not fill prescription or skipped doses        | 13  | 8   | 11  | 2    | 10 | 5  | 23 |
| Had a medical problem but did not visit doctor    | 13  | 4   | 12  | 1    | 19 | 2  | 25 |
| Skipped test,<br>treatment or follow-<br>up       | 17  | 5   | 8   | 2    | 13 | 3  | 23 |
| Percent who said yes to at least one of the above | 26  | 12  | 21  | 5    | 25 | 8  | 37 |

### Access to Doctor When Sick or Need Medical Attention



### Care Coordination

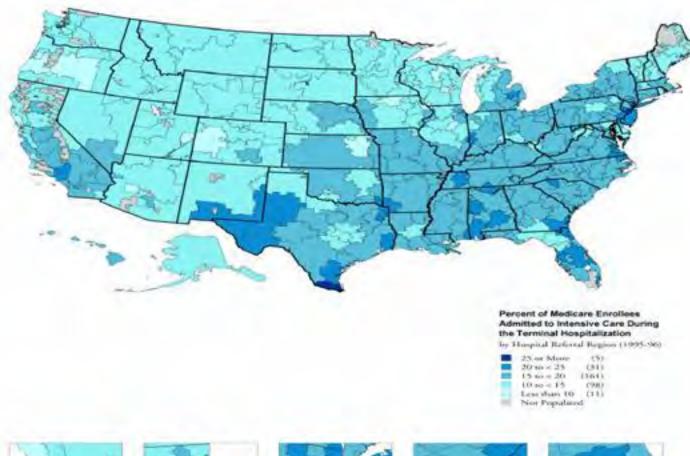
| Percent reported in past two years:                             | AUS | CAN | GER | NETH | NZ | UK | US |
|---|-----|-----|-----|------|----|----|----|
| Test results or records not available at time of appointment    | 11  | 11  | 8   | 7    | 9  | 10 | 15 |
| Duplicate tests: doctor ordered test that had already been done | 10  | 5   | 15  | 4    | 6  | 5  | 14 |
| Percent with either coordination problem                        | 18  | 15  | 19  | 9    | 12 | 13 | 23 |

## Care Management and Coordination for Chronic Conditions

| Adults with a chronic condition reported:   | AUS | CAN | GER | NETH | NZ | UK | US |
|---|-----|-----|-----|------|----|----|----|
| Doctor gives you a written plan for managing care at home                           | 40  | 33  | 22  | 31   | 35 | 30 | 61 |
| Receive reminder for preventive/follow-up care                                      | 44  | 40  | 57  | 58   | 48 | 58 | 70 |
| Often/sometimes receive conflicting information from different health professionals | 14  | 16  | 19  | 13   | 19 | 18 | 22 |

Source: 2007 Commonwealth Fund International Health Policy Survey

### Jack Wennberg Practice Variation





Dr. John Wennberg

### The Dartmouth Atlas



A







### Failure to Provide Known Best Practice



Patients received 55% of recommended care

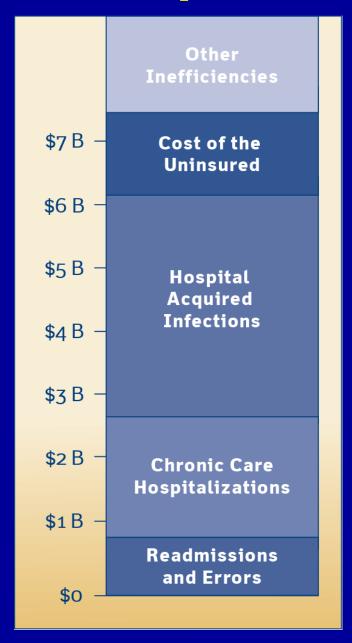
Elizabeth McGlynn NEJM 2003; 348: 2635

(It's not what we don't know, it's what we know, but don't do)



Ignaz Semmelweis 1847

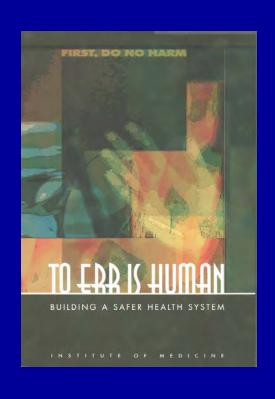
### **Prescription for Pennsylvania**



The cost of inaction is far too great.

From the Governor's Office of Health Care Reform

### Institute of Medicine Report To Err Is Human (1999)



44,000-98,000 deaths in hospitals each year from errors of commission

#### Medical, Medication, and Lab Errors

| Percent reported in past two years:               | AUS | CAN | GER | NETH | NZ | UK | US |
|---|-----|-----|-----|------|----|----|----|
| Experienced medical or medication error           | 15  | 10  | 9   | 9    | 11 | 9  | 13 |
| Experienced lab or diagnostic test error          | 11  | 12  | 4   | 8    | 9  | 10 | 14 |
| Experienced any medical, medication, or lab error | 20  | 17  | 12  | 14   | 16 | 13 | 20 |



### Patient Safety Advisory

Produced by ECRI Institute & ISMP under contract to the Patient Safety Authority

| Complication                               | Number of<br>Reports<br>during<br>Time Period | Time Period | Number<br>per Year | Operations per Event (assumes 2,424,878 operations/year) |
|--|---|-------------|--------------------|--|
| Retained foreign bodies (within incision)  | 60  | 12 months   | 60                 | 1 per 40,415 operations                                  |
| Wrong-site surgery (partial and complete)* | 116   | 30 months   | 46                 | 1 per 52,260 operations                                  |
| Surgical fires                             | 83  | 36 months   | 28                 | 1 per 87,646 operations                                  |
| Any of the three                           |   |             | 134                | 1 per 18,087 operations                                  |

<sup>\*</sup> Wrong-site surgery information is derived from the following detailed, scientific study, which was authored by PA-PSRS staff: Clarke JR, Johnston J, Finley ED. Getting surgery right. Ann Surg 2007 Sep;246(3):395-405.

Table. Risk of Three "Never Complications of Surgery"

This article is reprinted from the PA-PSRS Patient Safety Advisory, Vol. 4, No. 3—September 2007. The Advisory is a publication of the Pennsylvania Patient Safety Authority, produced by ECRI Institute & ISMP under contract to the Authority as part of the Pennsylvania Patient Safety Reporting System (PA-PSRS).



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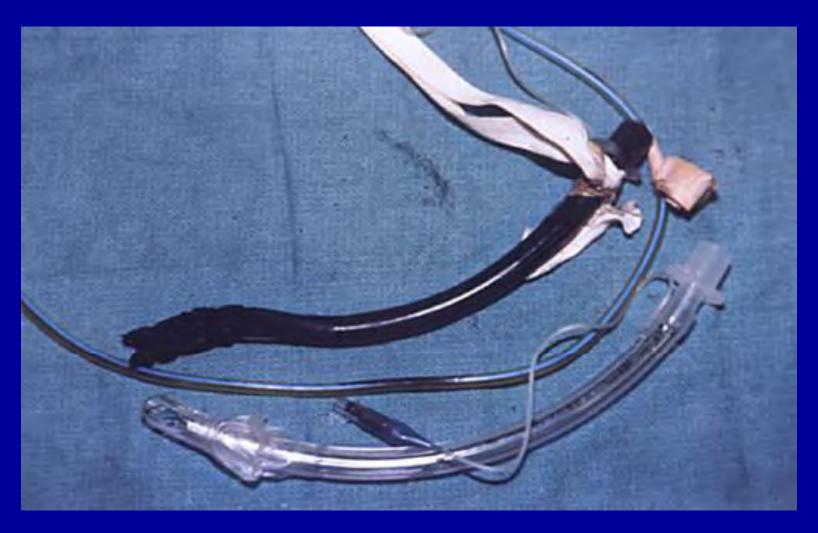
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Table. Risk of Three "Never Complications of Surgery"

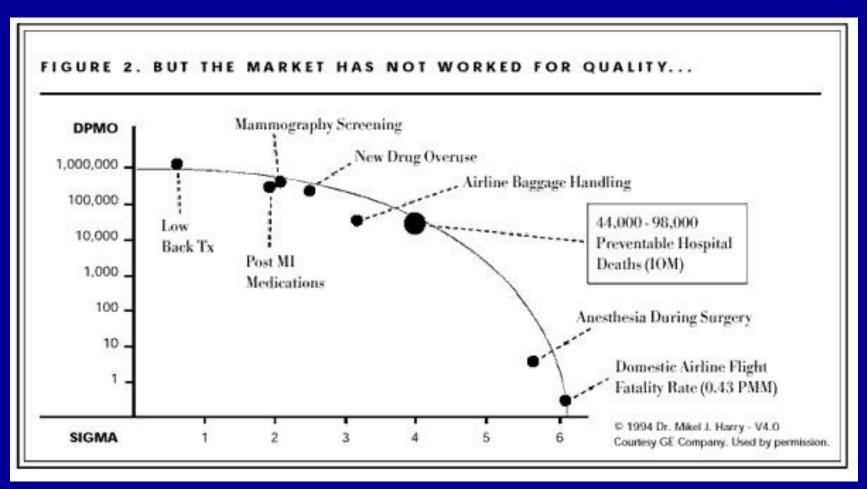
RFB 1 every 6 days WSS 1 every 8 days Fire 1 every 13 days

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### Result of entering the trachea with a Bovie during a tracheostomy



### Reliability of Healthcare Delivery



From Milbank Memorial Fund. Value Purchasers in Health Care: 2001

Insurers aim to reward hospitals financially for better practices. Critics find the motives suspect.

## Spotlight on Pay, Care

By Stacey Burling

A t Doylestown Hospital, there's money on the line if the staff neglects to give a pneumonia patient an antibiotic within four hours of admission or fails to give a heart attack victim aspirin on arrival.

The hospital's bottom line suffers if those patients are smokers and manage to go home without a lecture on the evils of cigarettes.

Since last winter, Aetna has been using measures like these for patients with five diagnoses — heart attack, heart failure, pneumonia, surgical infection and pulmonary embolism — to determine part of Doylestown's pay.

The new approach, called pay-for-performance, or P4P for short, is slowly taking root in area hospitals, and it signals a fundamental shift in how money changes hands in health care. Insurers like Medicare, Aetna Inc. and Indepen-



Rx - Pay for Performance

### Rx - Public Reporting

N4 Times 9/1/07

#### In Bid for Transparency, City Puts Hospital Error Data Online

#### By SARAH KERSHAW

The New York City Health and Hospitals Corporation, the nation's largest public health system, plans to begin publicly releasing data today on infection and death rates at st 11 hospitals, in response to widespread concern about deadly, preventable and costly hospitalacquired conditions and pressure to crack open the shrouded culture of many hospitals.

The city's move, driven by Mayor Michael R. Bloomberg's effort to make public health a centerpiece of his administration and by the hospital corporation's recent focus on improving patient safety, is a bold step in an industry that has long resisted transparency, experts said.

In posting the safety and performance information on the hospital corporation's Web site, www.nyc.gov/hhc, the public hospitals, which treat 1.3 million patients a year, are far ahead of the industry, health care experts and consumer advocates said.

"It does focus on the underbelly of health care," Alan D. Aviles, president of the Health and Hospitals CorporaTracking rates of infection and death in city-run medical centers.

tion, said in an interview. "But if you want to make improvements, you have to acknowledge the underbelly."

The Web site allows the public to see the overall death rate, the rate of deaths after heart attacks, preventable bloodstream infections and pneumonia cases, among other measures, at the 11 hospitals.

"Others will draw courage from them," said Jim Conway, senior vice president at the Institute for Healthcrae Improvement, a national advocacy and research group. "They are exposing themselves to considerable scrutiny."

Some of the information on the Web site has been reported to the state and federal governments, but has not been easily accessible to the public. Public re-

Continued on Page B6

### Rx - Not Paying for "Never Events"

A18

THE NEW YORK TIMES EDITORIALS/LETTERS TUESDA

#### The New York Times

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MICHELE M:NALLY

WILLIAM E. SCHMIDT

Founded in 1851

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#### Not Paying for Medical Errors

Medicare, the government insurance program for older Americans, has announced that it will soon stop paying hospitals for the extra costs of treating certain patients whose illnesses are compounded by preventable errors. The effort won't save much money at first, and it will impose additional testing and documentation burdens on many hospitals, but it should promote better care. If the initial steps are expanded, it could yield greater savings as well.

Under current payment rules, Medicare typically pays hospitals more for treating a surgical patient whose illness is complicated by an infection than it would if there were no infection present. That is true even if the infection is caused by sloppy sanitary practices in the hospital itself. The perversity of a payment system that actually rewards incompetence rather than penalizing it seems self-evident. So Medicare is clearly wise to start changing the incentives.

Starting on Oct. 1, 2008, Medicare will no longer pay extra for eight specific conditions that could generally be avoided if the hospital followed proven preventive procedures or common-sense precautions. Medicare will no longer pay hospitals to retrieve surgical tools or sponges left in a patient after the initial operation. Nor will it reimburse for extra care given patients harmed by incompatible blood or air embolisms, for treating bedsores developed in the hospital, injuries caused by falls in the hospital, infections caused by prolonged use of catheters in the bladder or blood vessels, or a surgical site infection after coronary artery bypass surgery.

One element missing from the initial steps is any penalty for the doctors who commit some of the errors. The hospital loses any extra payment for a second operation to retrieve an object left behind the first time, which seems appropriate given that nurses are supposed to keep track of all instruments and sponges. But an errant doctor, who may also be culpable, can get paid for operating again. In future years, Medicare needs to consider reforms in physician payments as well.

Hospital spokesmen are worried that some of the conditions are not entirely preventable and that some patients, for example, are prone to bedsores no matter how good their care. They also worry that they will have to absorb the costs of additional tests when a patient arrives to establish whether an infection is already present before a catheter is inserted. But these initial conditions were chosen with the help of experts in the belief that they could reasonably be prevented by following evidence-based guidelines. And the extra tests and documentation should help improve patient care.

Meanwhile, patient advocates seem pleased with the new rules now that steps have been taken to prevent hospitals from shifting the costs of preventable errors to patients or their insurers. Medicare officials will need to monitor the situation closely and be prepared to make adjustments if hospitals are unduly burdened. But they are clearly on the right track in seeking to prevent errors that harm patients and drive up the cost of health care.

Medicare won't pay for some mistakes.

### A financial ouch for hospitals

By Josh Goldstein INQUIRER STAFF WRITER

Last year, nine patients got infusions of the wrong type of blood at hospitals around the region, errors that typically added thousands of dollars in treatment charges paid by Medicare.

Hospitals will soon have to bear much of the cost of fixing their own mistakes. Medicare issued rules this month that will end payments for extra care resulting from certain medical mistakes starting Oct. 1, 2008.

The new rules prohibit passing these charges on to patients, so hospitals will end up absorbing the costs - and, Medicare hopes, working harder to prevent mistakes.

# How Can We Lead Ourselves Out of the Chaos of the Current Healthcare Crisis

# How We Can Lead Ourselves Out of the Chaos of the Current Healthcare Crisis

Lower expectations

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- Lower expectations
- Make the patent experience the focus of our practices

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- Continue learning throughout our lives

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- Stay within our scope of usual practice

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- Organize our practice at a higher level

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- Co-opt others onto our teams

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# How Can We Maintain Our Income for Our Valuable Work Product

Work longer hours

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  - Avoid complications

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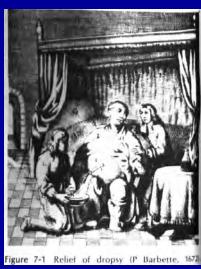
Related

# Where Should We Develop Systems for Reliable Delivery of Our Care

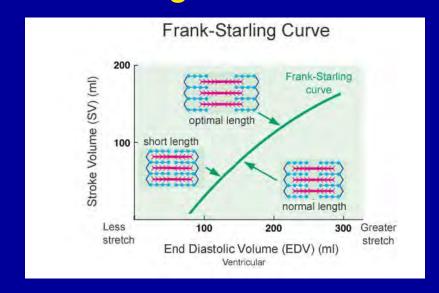
- Our offices
- Our hospitals
- Our operating rooms and ambulatory surgery centers

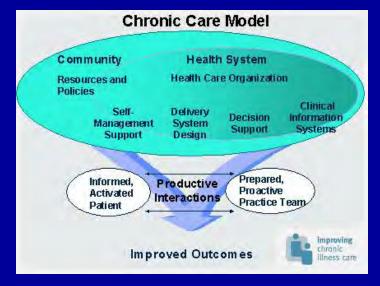
### The Progress of Medicine **Biological Science**

### **Empirical** Science









Information Science



System Science





## **Old Paradigm**

- Personal responsibility
- Provider gives safe care
- Physician autonomy
- Reprimand provider error
- Work around system weaknesses



### Old New Paradigm

- Personal <u>Team</u> responsibility
- Provider gives Patient gets safe care
- Physician autonomy <u>Standard use of best practice</u>
- Reprimand provider Report system error
- Work around <u>Fix</u> system weaknesses

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For the sake of the healthcare system - and our own sake - we must get involved in the development of a reliable system of delivering healthcare

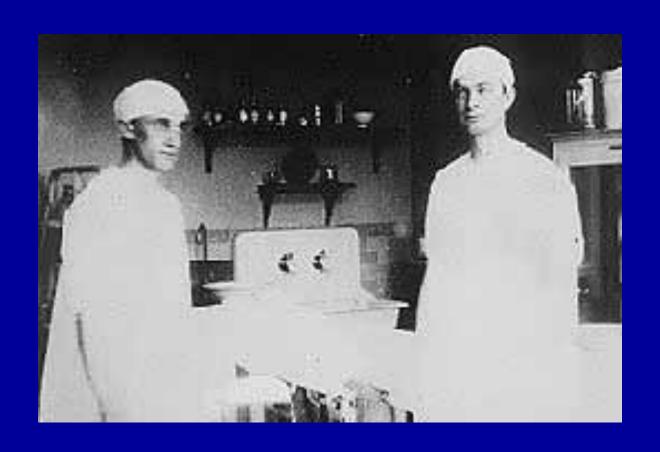
# High Reliability Organizations

- Team training
- Best known practice
- Standardize
- Reliable
- Reproducible
- Detect variation
- Correct variation





## The Mayo Brothers Best Practice (ca. 1892)



# ATLS & Trauma Centers Standardized Trauma Resuscitations (1980)







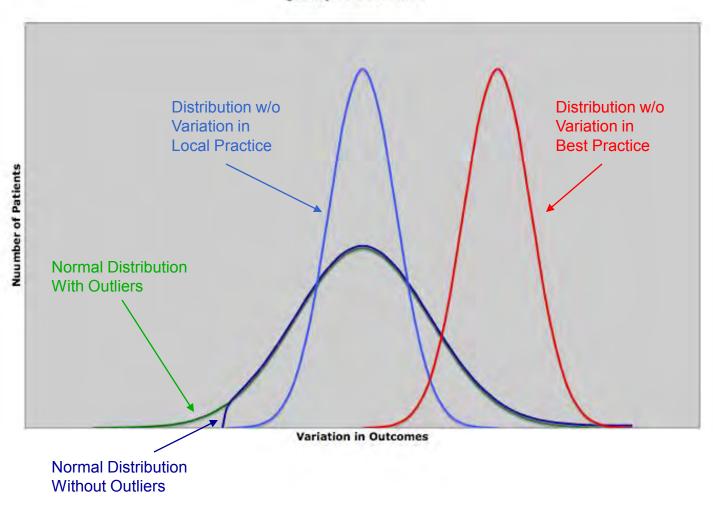
# Developing Systems for Reliably Delivering Healthcare

- Standardize around best practice known (role for clinicians)
- Continuous quality improvement (role for clinicians)
- Variation occurs only in patient factors and resources

## Why Standardize?

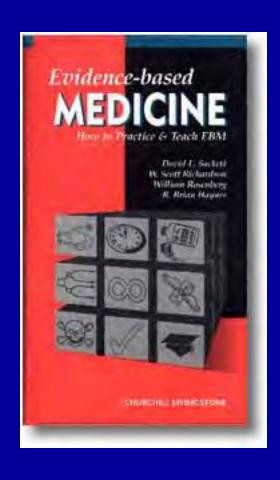
- In theory, only one best practice
- Variation without added value only adds errors
- Relationship between uniform processes & predictable outcomes
- Relationship between standardization & reliability
- Makes errors more obvious

### **Quality of Outcomes**



## Where Do We Get Best Practices?

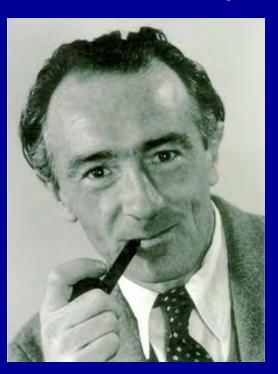
## David Sackett Evidence-Based Medicine (1992)





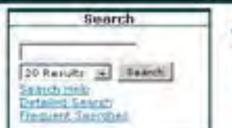
# Cochrane Collaborative Systematic Reviews of Healthcare Interventions (1993)





Archie Cochrane (1908-1988)





#### Resources

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- \* Gladeline Synthesis.

#### Welcomel

You are connected to the National Guideline Cleaninghouse \*\* (NGC), a public resource for evidence-based clinical practice guidelines. NGC is an initiative of the agency for Healthcar Research and Quality (AHRQ), U.S. Department of Health and Human Services, NGC was on created by AHRQ in partnership with the American Medical Association and the American. Association of Health Plans (now America's Health Insurance Plans [AHDP]). Click on About learn more about us.

What's New

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P. About

Start your search by typing keywords into the search box on this page, or use the fact by Detailed Search features.

#### NGC News

#### What's New this Week

- New/Ledated Acad Chiro Edu, AAP, Finnish Med Soc, and ICSI purtelines.
- Updated COPD Diagnosis and Management of Acute Exacerbations synthesis.
- Updated pediatric HTV freatment guidelines. See also NGC's Quidelines in Progress page

#### Recent U.S. Food and Drug Administration Advisories (FDA)

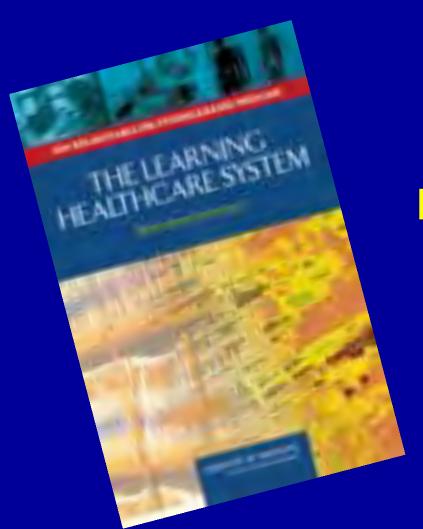
- October 28, 2005: Levein Jobbardmat bussland Revision to BOXED WARNINGS, Wa and ADVERSE REACTIONS sections of the Prescribing Information.
- October 24, 2005: Cylert and generic permitting products. Sales and marketing of drug ceased.
- . October 17, 2005: Cymbalta (dulmetine hydrochlonds). Revision to the PRECAUTIONS/Hepatotoxicity section of the prescribing information.

#### Visit NGC's Sister Sites

- Bistional Quality Measures Cleanophouse (MOMC)
- · Darasty Topic, including:
  - 2004 National Healthcare Quality Report (NHOR) along with State Resources.
  - 2004 National Healthcare Dispantes Report (NHDR).

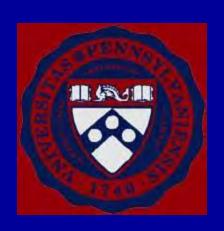
Subscope to the Nor. West 'y E-mail Undate Service:

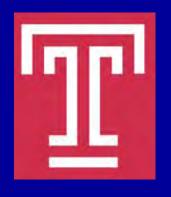
## Institute of Medicine Roundtable on Evidence-based Medicine



The Learning Healthcare System

# Why Not Philadelphia Academy of Surgery?













# Where Do We Get Quality Improvement?

- Systems oriented M & M instead of personally oriented M & M
- Patient safety reporting systems
- Team training

## **Current System**



Weakness

Increased complexity



Change in policy



Occasional failure (individual responsibility)





Identification through individual attention



Error trapping



Corrected with work-around



## Reliable Robust System



Simplification or modification of system of care



Root cause analysis





Identification through individual attention



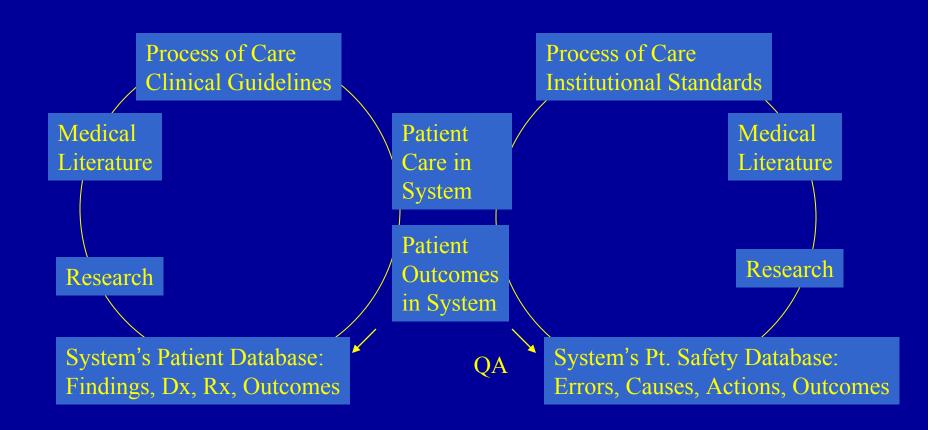
Error trapping



Corrected with error reporting



### System-based Medicine



Organizational System

**Patient System** 



## What is a TEAM?

### A "TEAM" IS



From Donald Moorman, MD ACS Course on Safe OR Practices

- Two or more people who achieve a mutual goal through interdependent and adaptive actions
- Not a "group" which achieves its goal through independent, individual contributions

## O.R. Reports to Pennsylvania Patient Safety Reporting System

Do the wrong operation -- 46 times/yr.

Start a fire on the field -- 28 times/yr.

Leave something behind -- 60 times/yr.

Dehiscence -- 83 times/yr.

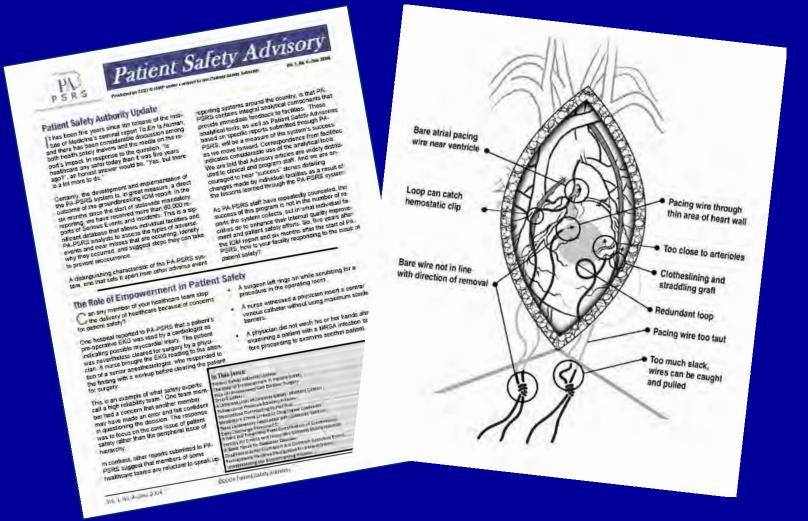
Pneumothorax -- 26 times/yr.

Occlusion of ureters or ducts -- 19 times/yr.

Complications of positioning -- 50 times/yr.

Compl. inserting tubes/wires -- 28 times/yr. Incomplete procedures -- 32 times/yr. Mismanaged specimens -- 8 times/yr.

## Pennsylvania Patient Safety Advisory



Correct Placement of Pacing Wires by James B. McClurken MD



# American College of Surgeons Safe Operating Room Team Course

- 1. High-reliability organizations
- 2. System design
- 3. Teamwork
- 4. Communication
- 5. Distributing workload
- 6. Leadership

- 7. Retained foreign objects
- 8. Wrong-site surgery
- 9. Surgical fires
- 10. Neuropraxias & blindness
- 11. Pressure necrosis
- 12. Well-leg compartment synd.
- 13. Personnel safety

### What We Each Can Do to Help Systematically Provide Reliable Care

- Achieve consensus about best practice
- Initially accept "best known practice" if needed
- Simplify process eliminate unnecessary steps
- Help develop reminder systems & checklists
- Adhere to best practice
- Think of practice as team practice
- Report work-arounds
- Report practice deviations
- Assess best practice results and modify prn

## What We Should NOT Do to Develop a System for Reliable Care

- Implement best practice standards without providers' input
- Implement without a plan for monitoring and review
- Use as quality or performance measures (consider co-morbidities & pt. preferences)

## What We Need to Develop Systems for Reliable Care

- Leadership hospital and professional
- Resources
- Cooperation
- Monitoring
- Mechanisms for system improvement

## What the Academy Could Do to Develop Systems for Reliable Care



- Provide a forum for consensus on best practices when scientific evidence is insufficient
- Provide informal logistical support for regional team training outside the medical school environments

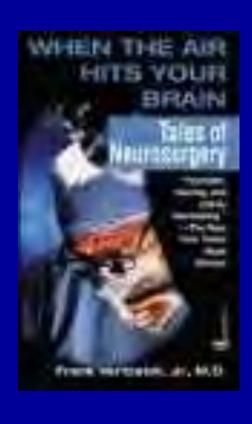
# How We Can Lead Ourselves Out of the Chaos of the Current Healthcare Crisis

- Lower expectations
- Make the patent experience the focus of our practices
- Continue learning throughout our lives
- Stay within our scope of usual practice
- Become organized, not just careful
- Co-opt others onto our teams

#### Develop a System of Care

- Become organized, not just careful
- Work as teams
- Simplify
- Double check critical information
- Avoid risky behaviors
- Standardize around best practice
- Strive for continuous quality improvement

## Rules for Residents From When the Air Hits Your Brain by Frank Vertosick, MD



"One look is worth a thousand phone calls from the nurse."

"Unless the patient is dead, you can always make him sicker."

#### Clarke's Rules for Residents

- As a last result, examine the patient
- Treat the patient, not the test result
- If you operate for pain, that's what you will find
- The more you treat a patient like a normal person, the more they will act like one
- For trauma: Relieve pressure; stop bleeding
- A CT scan with contrast gives a patient a 1 in 2500 chance of dying of a fatal cancer from the radiation

## Rules for How to Be an Expert Clinician:

#### Think about the patient -

- 1. Listen to the patient's story
- 2. Understand what the patient is saying
- 3. Examine the patient
- 4. Read the chart
- 5. Check the literature
- 6. Assume responsibility for the patient's healthcare experience even if you're not

### Thank You!